

EXPLORING THE 13 COLONIES

*Through Notebooking
and Unit Study*

Copyright and Usage Information

We hope you enjoy your **Exploring the 13 Colonies Guide**. Our goal is to inspire your family to **DISCOVER** the world through travel and technology, **CREATE** hands-on educational activities, and **LEARN** together with the help of **unique resources**.

Permission to Reproduce Materials

Permission to reproduce these materials is granted only for individual family use. Reproduction for commercial use, a class, a school or by any group other than an individual family is strictly prohibited. No part of this guide may be reproduced or transmitted in any form or by any means without permission from the publisher. For permission to use in a school or co-op, please contact Education Possible at info@educationpossible.com.

© 2013 Education Possible. All Rights Reserved.
Created by: Megan Zechman and Susan Williams
Designed by: Katherine Reader
Published by: Education Possible

Visit our website to discover creative ways to learn together!

www.educationpossible.com



EDUCATION POSSIBLE
Discover • Create • Learn

Table of Contents

Introduction / How to Use this Guide	4
Let's Map	5
Virginia	6
Massachusetts	8
New Hampshire	10
Maryland	12
Connecticut	14
Rhode Island	16
Delaware	18
North Carolina	20
South Carolina	22
New Jersey	24
New York	26
Pennsylvania	28
Georgia	30
Discussion Questions	32
Drawing Colonial America	35
Let's Play: Blindman's Buff	38
Let's Cook: Churning Butter	39
Let's Create: Whirligig/Button Buzzer	40
References and Resources	41



Introduction

We believe that the best way to learn is through hands-on activities. The more interactive the lesson, the better! Lifelong learners are created when a child is given permission to explore at their pace and in a way that works for them.

The early 1600s was an exciting time in our country's history. Colonists were arriving and successfully settling here. From Jamestown to Plymouth, people were arriving in the New World and finding a way to make a home. Through the years we saw the establishment of other colonies, 13 total, before we finally came together to become the United States of America.

How to Use this Guide

We've developed this guide for you to use as you study the 13 Colonies. You can use it as a way to record what you are learning or as a springboard to direct your learning.

There is a page for each colony, with places for you to record information as you learn about each one.

After these pages, you will find discussion questions to help you and your student to go a little deeper into topics relevant to the 13 Colonies. The questions can either spark a discussion or prompt a writing assignment. It is up to you to decide how many to work on, whether to use them as part of a discussion or as a writing project, and how deep to go.

For those who like to draw as you learn, we have some items, relevant to colonial times, for you to create.

To make your lesson more interactive, included are some fun hands-on activities. Cook a colonial recipe, play a game favored by colonial children and make a craft common of the time.

Hopefully by using our guide, your study of the 13 Colonies is easy, engaging and memorable!



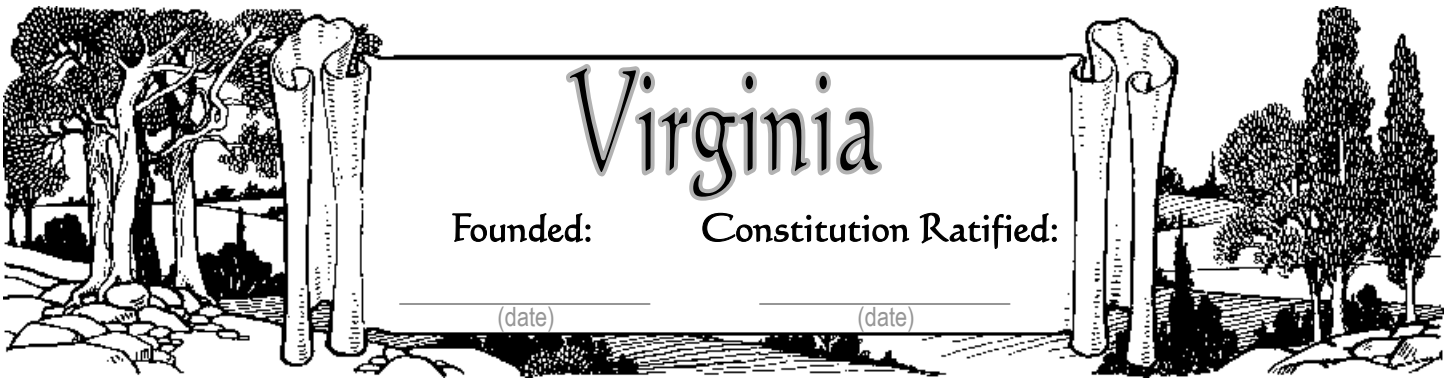
EDUCATION POSSIBLE
Discover • Create • Learn

Let's Map

Locate and label each of the original 13 colonies. Color the regions as follows:

New England = red Middle = blue South = green





Founded:

Constitution Ratified:

(date)

(date)

A vertical scroll with a bird perched on top. The scroll is unrolled and has a question written on it. The question is: "Who was the first governor? List any other important people/dates." Below the question are several horizontal lines for writing.

Who was the first governor? List any other important people/dates.

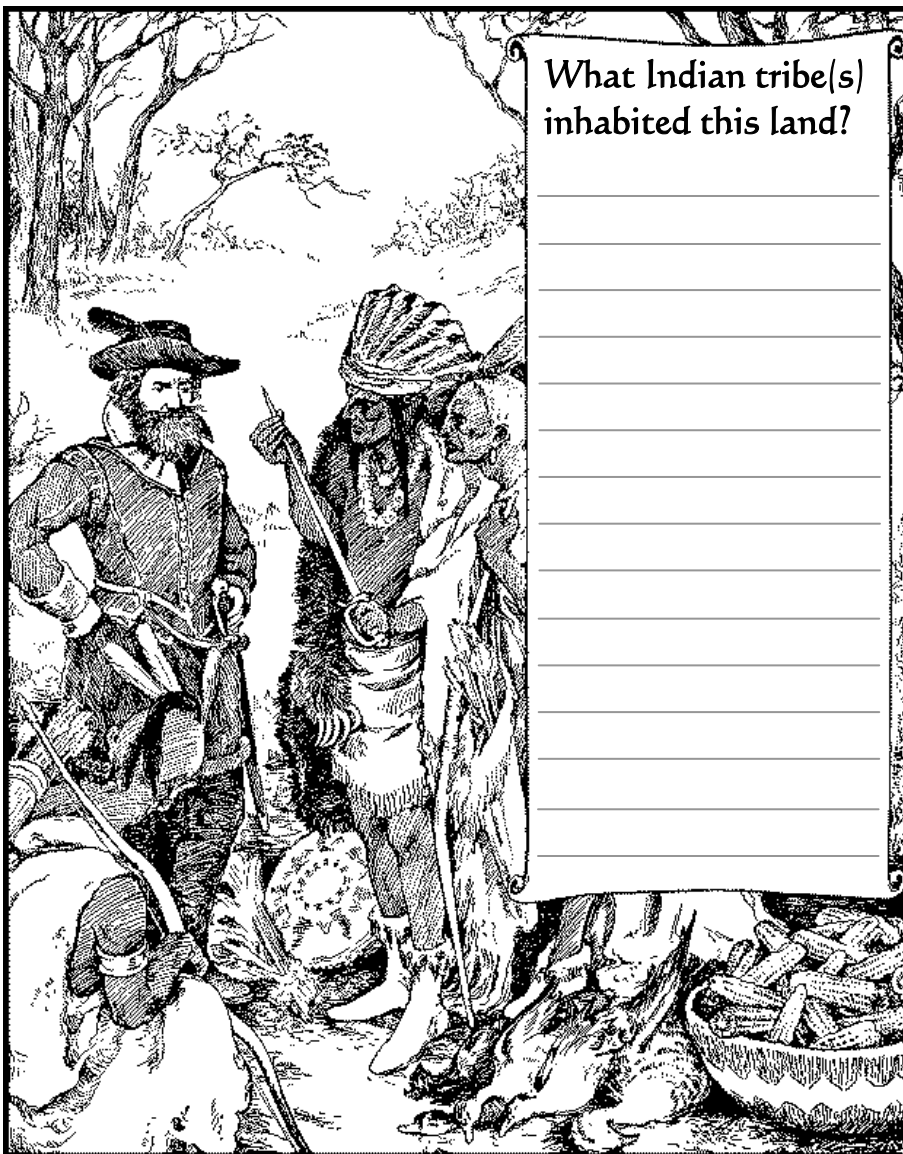
A vertical scroll with a decorative frame. The scroll is unrolled and has two questions written on it. The first question is: "Was this a Proprietary, Charter or Royal Colony?" Below the first question are several horizontal lines for writing. The second question is: "Who founded this colony and why?" Below the second question are several horizontal lines for writing.

Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?

A horizontal scroll that is unrolled. It has a question written on it: "Describe the geographic region and climate." Below the question are several horizontal lines for writing.

Describe the geographic region and climate.



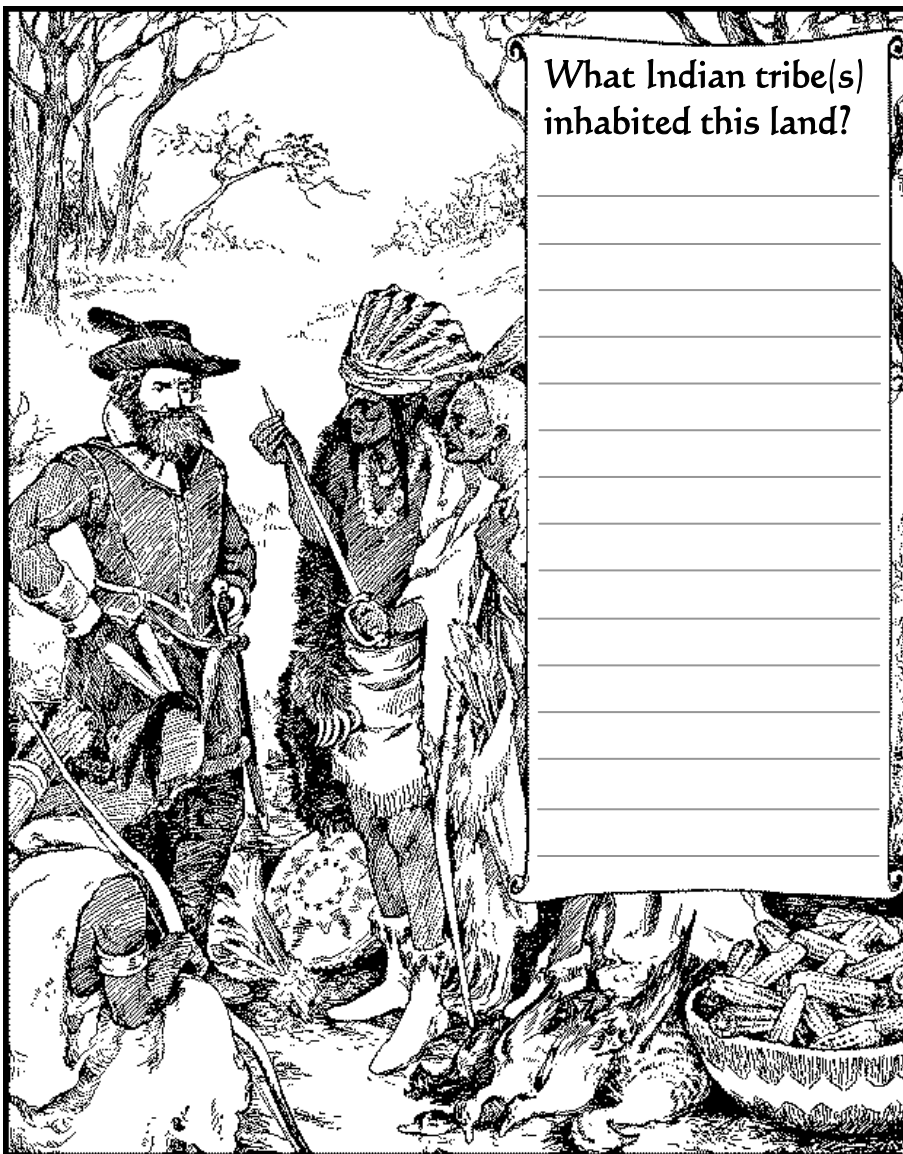
What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?





What Indian tribe(s) inhabited this land?

Other Interesting Facts:

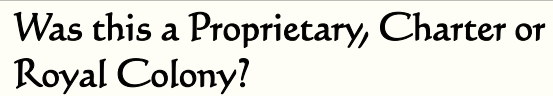
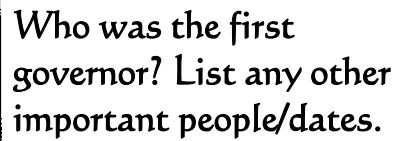
Other Interesting Facts:

What was the dominant religion?



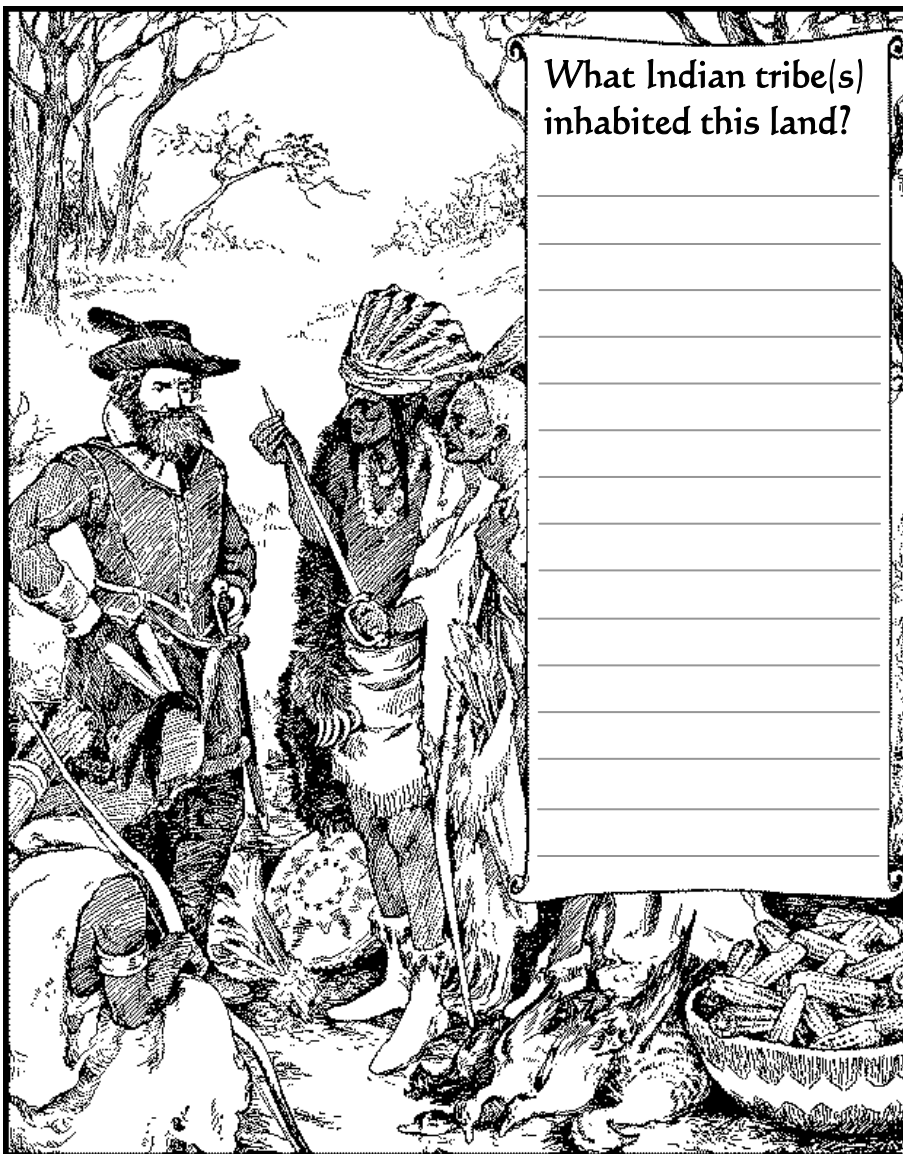
Constitution Ratified:

(date)



Who founded this colony and why?





What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?

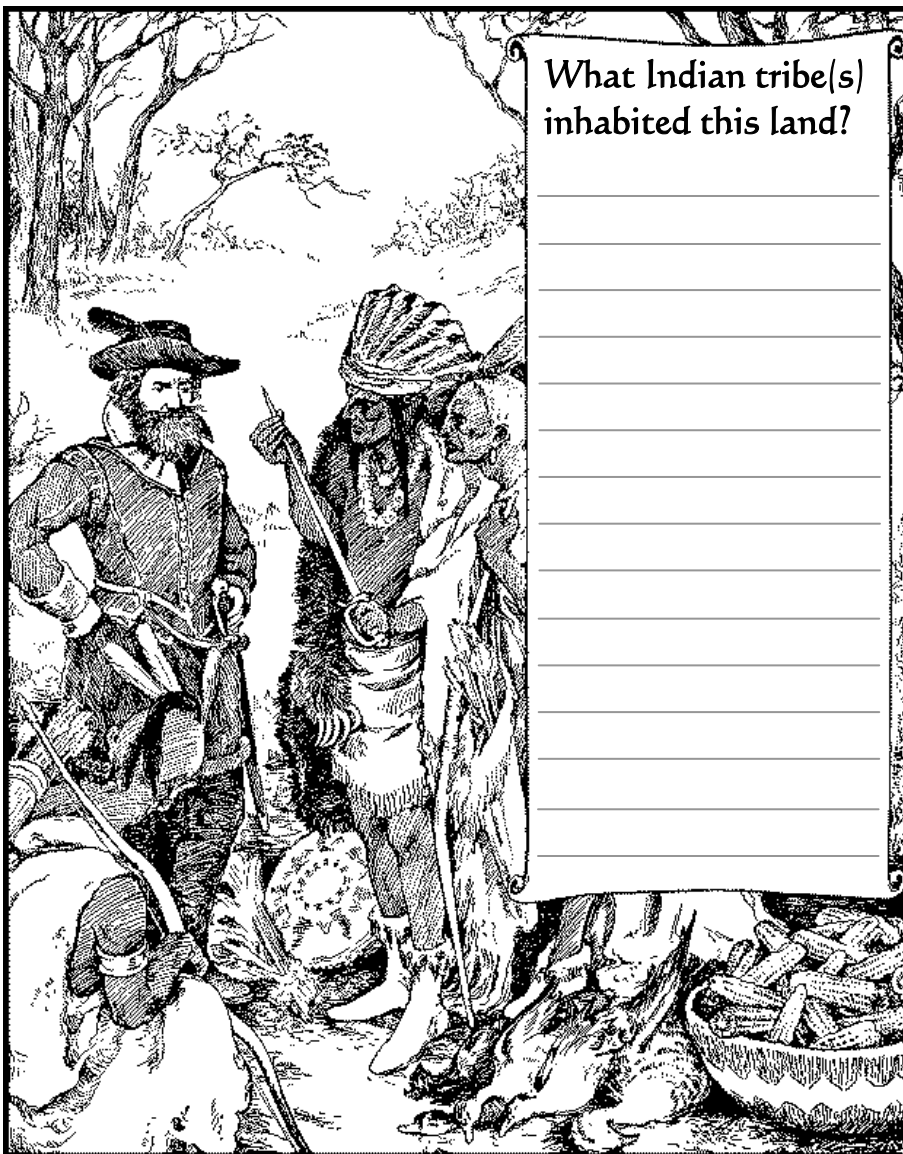


Who was the first governor? List any other important people/dates.

Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?

Describe the geographic region and climate.

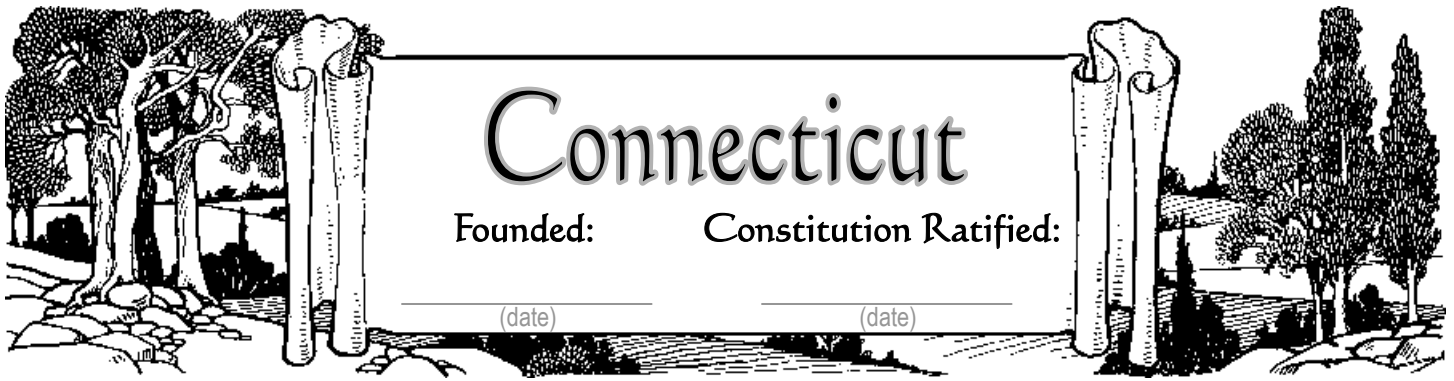


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?



Connecticut

Founded:

Constitution Ratified:

(date)

(date)

A vertical scroll with a bird perched on top. The scroll is unrolled and has a question written on it. The question is: "Who was the first governor? List any other important people/dates." Below the question are several horizontal lines for writing.

Who was the first governor? List any other important people/dates.

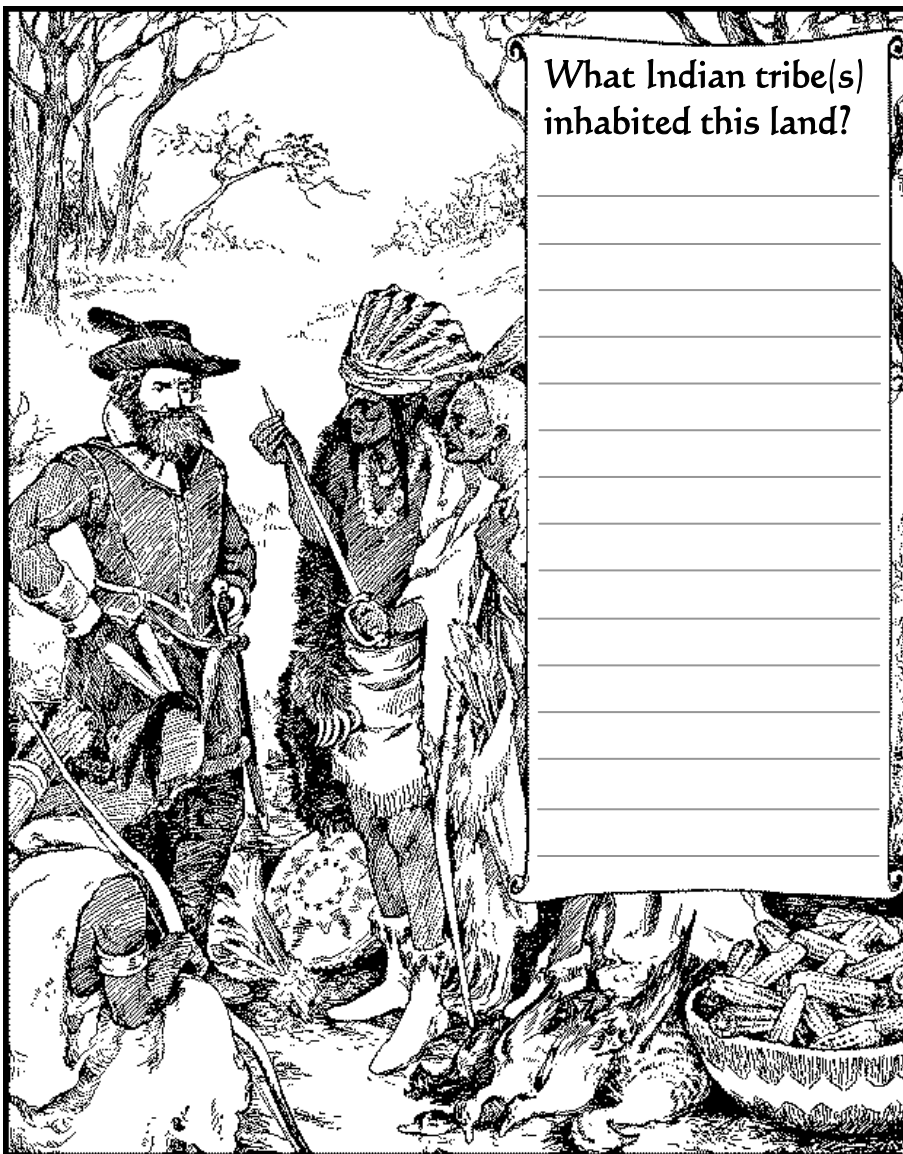
A vertical scroll with a decorative frame. The scroll is unrolled and has two questions written on it. The first question is: "Was this a Proprietary, Charter or Royal Colony?" Below the first question are several horizontal lines for writing. The second question is: "Who founded this colony and why?" Below the second question are several horizontal lines for writing.

Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?

A horizontal scroll that is unrolled. It has a question written on it: "Describe the geographic region and climate." Below the question are several horizontal lines for writing.

Describe the geographic region and climate.

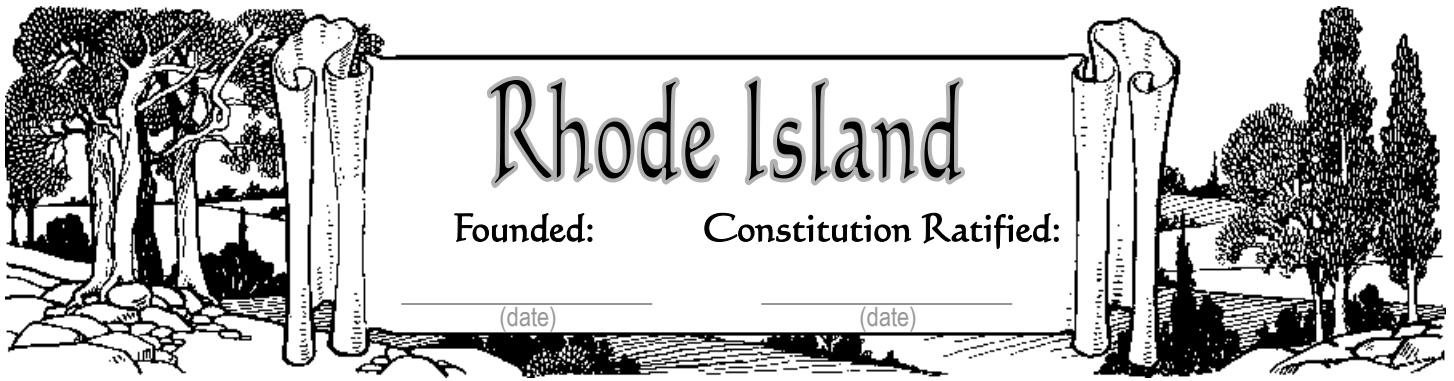


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?

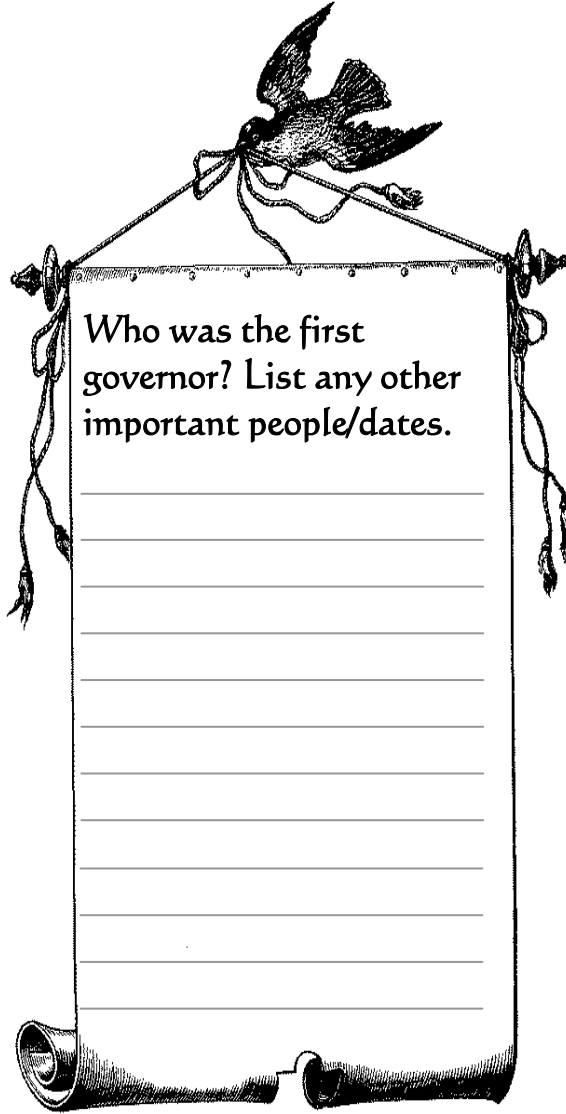


Founded:

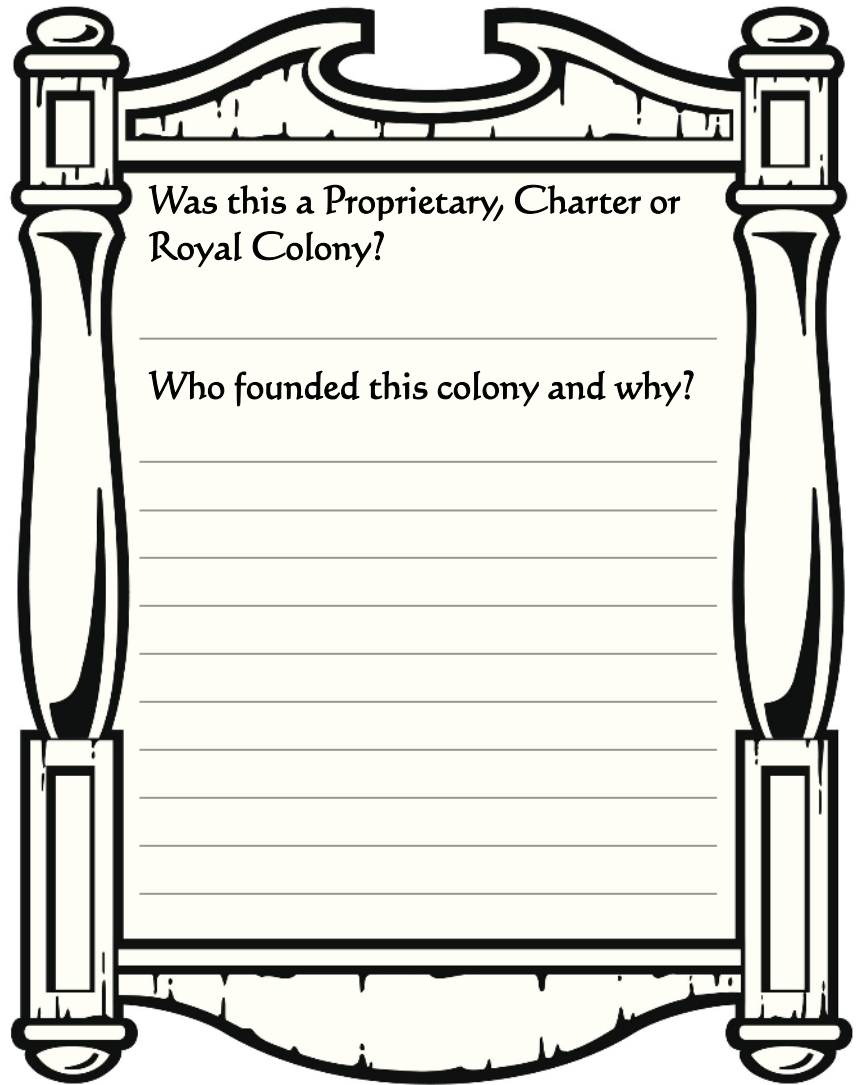
Constitution Ratified:

(date)

(date)

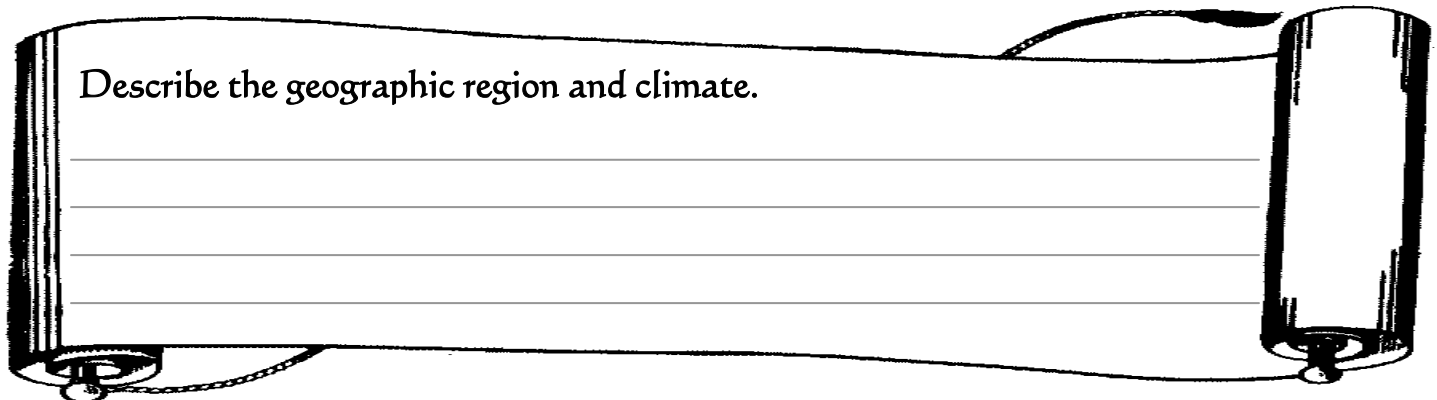


Who was the first governor? List any other important people/dates.

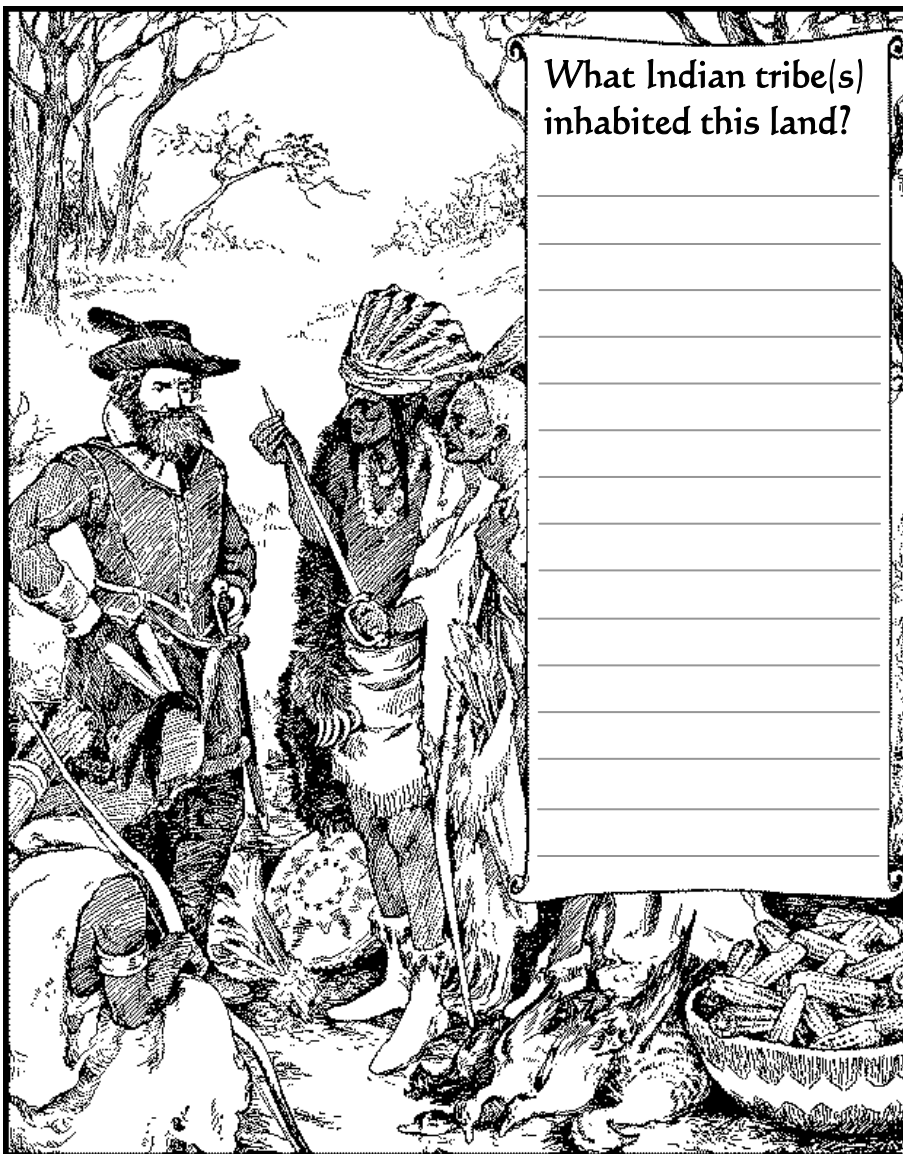


Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?



Describe the geographic region and climate.

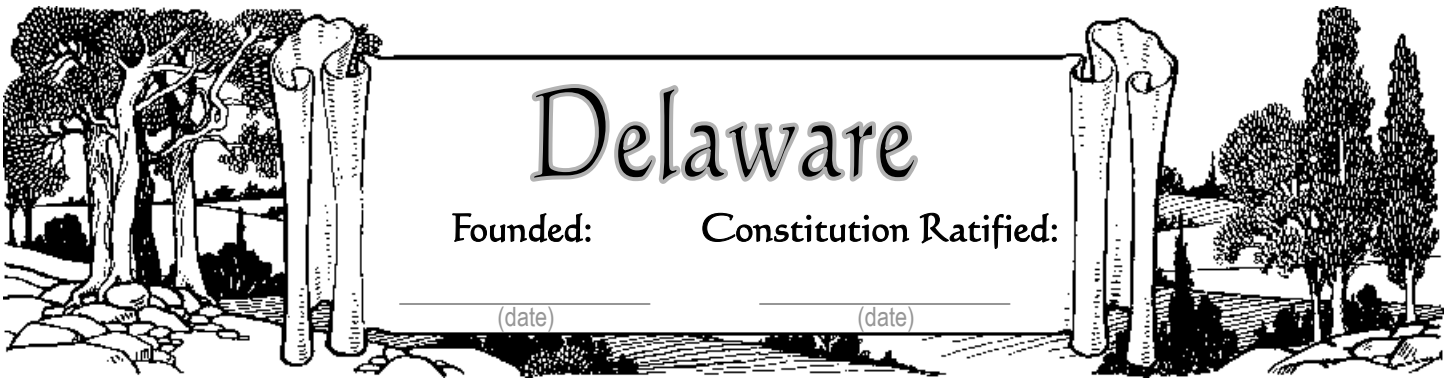


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?



Founded:

Constitution Ratified:

(date)

(date)

A decorative scroll held by a pigeon. The scroll contains the text: "Who was the first governor? List any other important people/dates." Below the text are several horizontal lines for writing.

Who was the first governor? List any other important people/dates.

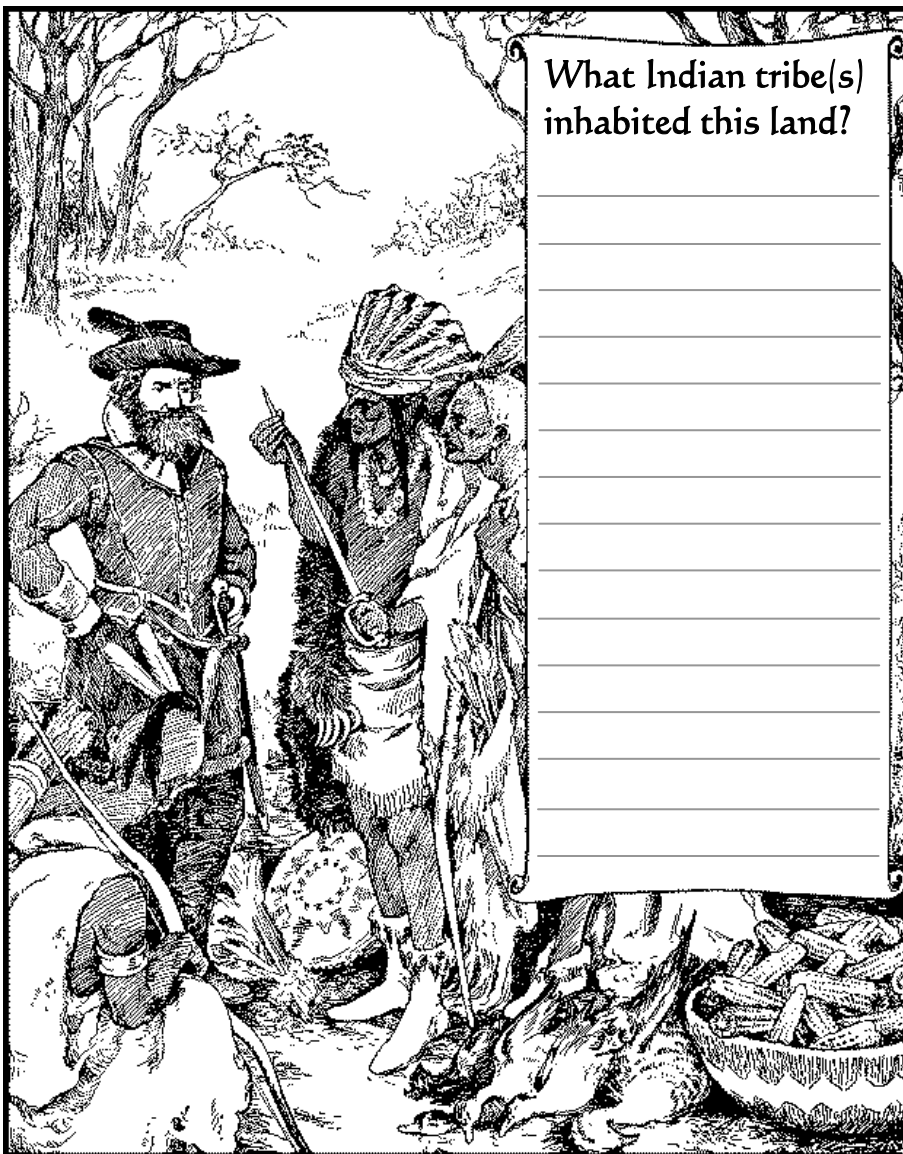
An ornate frame containing a scroll. The scroll contains the text: "Was this a Proprietary, Charter or Royal Colony?" and "Who founded this colony and why?". Below the text are several horizontal lines for writing.

Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?

A large, unrolled scroll containing the text: "Describe the geographic region and climate." Below the text are several horizontal lines for writing.

Describe the geographic region and climate.



What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?



North Carolina

Founded:

Constitution Ratified:

(date)

(date)

A vertical scroll with a bird perched on top. The scroll is unrolled and has a question written on it. The question is: "Who was the first governor? List any other important people/dates." Below the question are several lines for writing.

Who was the first governor? List any other important people/dates.

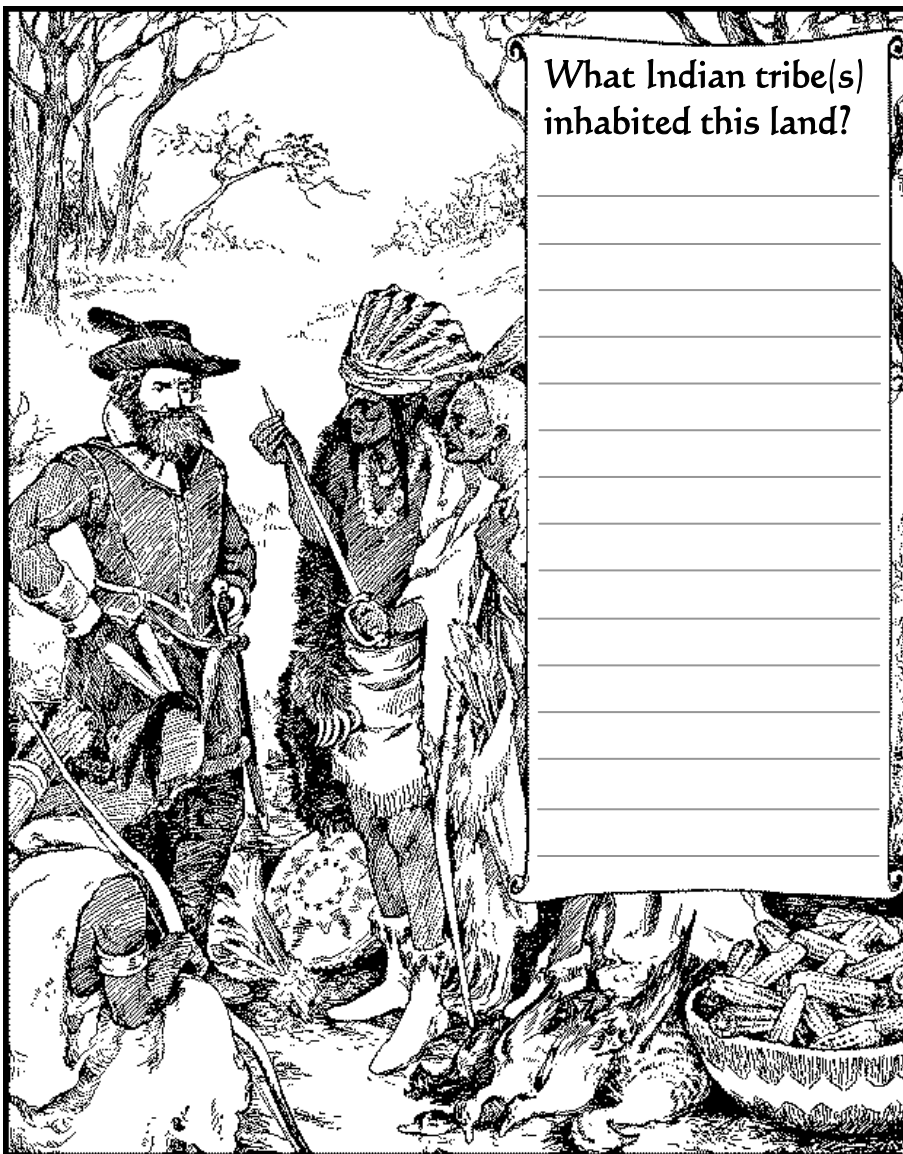
A vertical scroll with a decorative frame. The scroll is unrolled and has two questions written on it. The first question is: "Was this a Proprietary, Charter or Royal Colony?" Below the question are several lines for writing. The second question is: "Who founded this colony and why?" Below the question are several lines for writing.

Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?

A horizontal scroll that is unrolled. It has a question written on it. The question is: "Describe the geographic region and climate." Below the question are several lines for writing.

Describe the geographic region and climate.

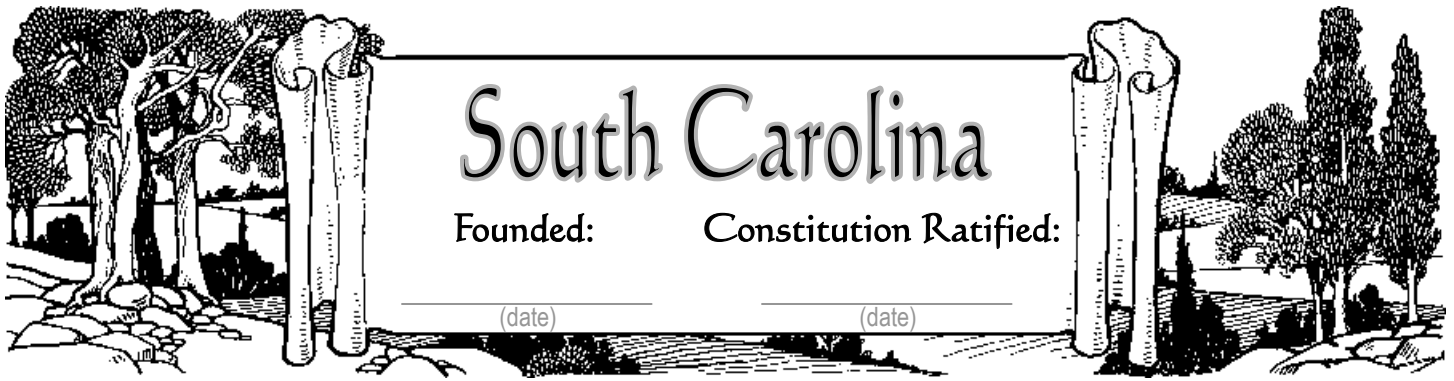


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?



South Carolina

Founded:

Constitution Ratified:

(date)

(date)

A vertical scroll with a bird perched on top. The scroll is unrolled and has a question written on it. The question is: "Who was the first governor? List any other important people/dates." Below the question are several horizontal lines for writing.

Who was the first governor? List any other important people/dates.

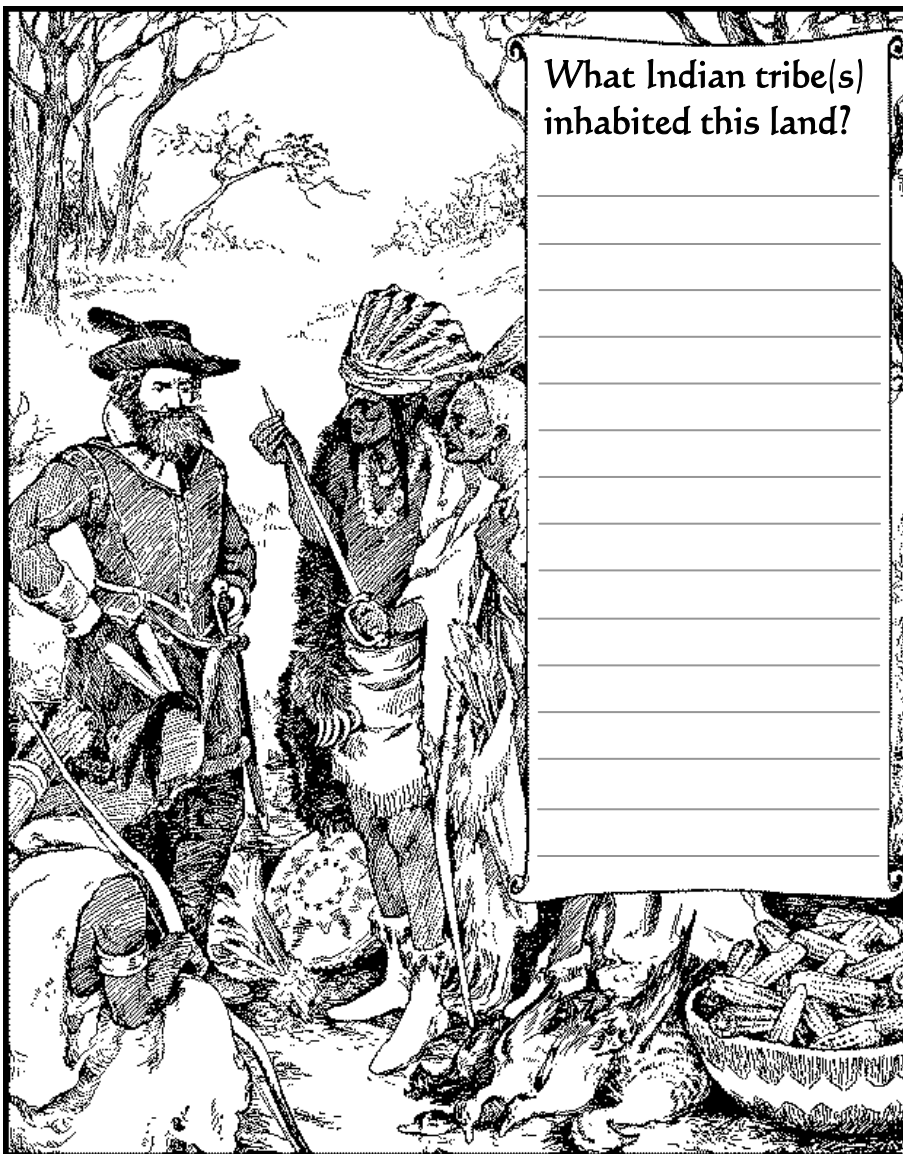
A vertical scroll with a decorative frame. The scroll is unrolled and has two questions written on it. The first question is: "Was this a Proprietary, Charter or Royal Colony?" Below the first question are several horizontal lines for writing. The second question is: "Who founded this colony and why?" Below the second question are several horizontal lines for writing.

Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?

A horizontal scroll that is unrolled. It has a question written on it. The question is: "Describe the geographic region and climate." Below the question are several horizontal lines for writing.

Describe the geographic region and climate.

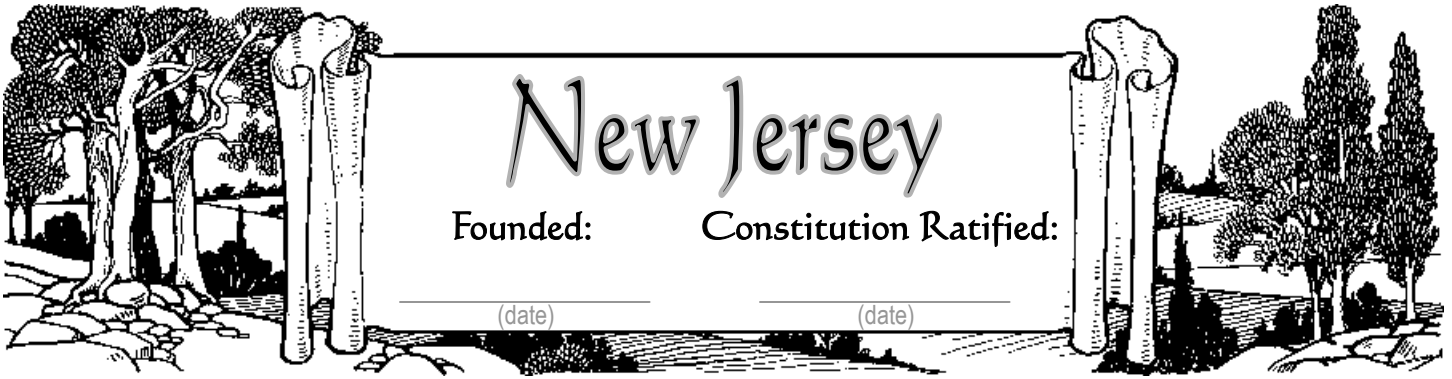


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?

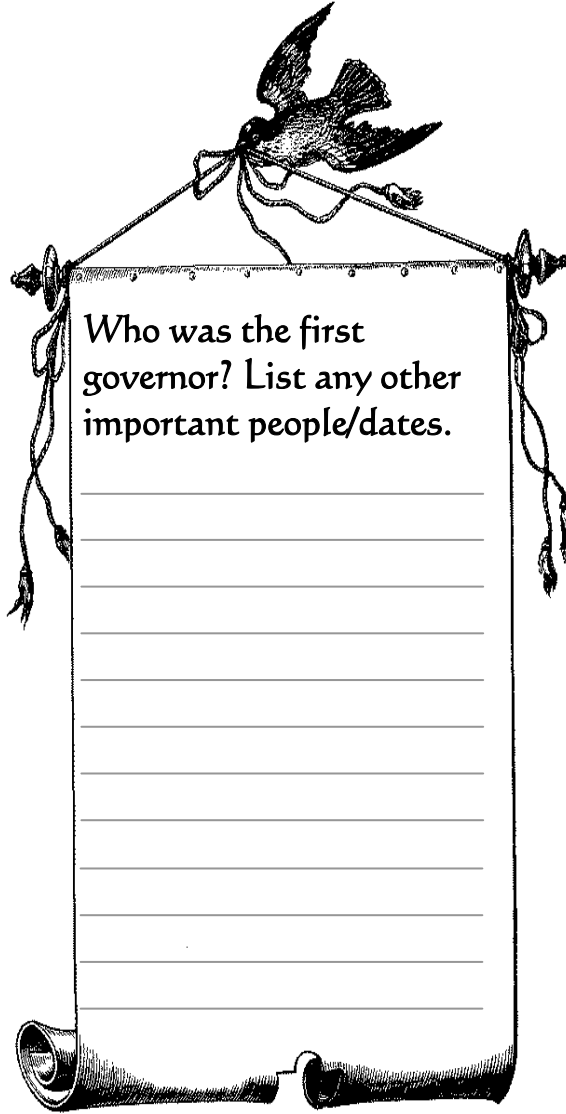


Founded:

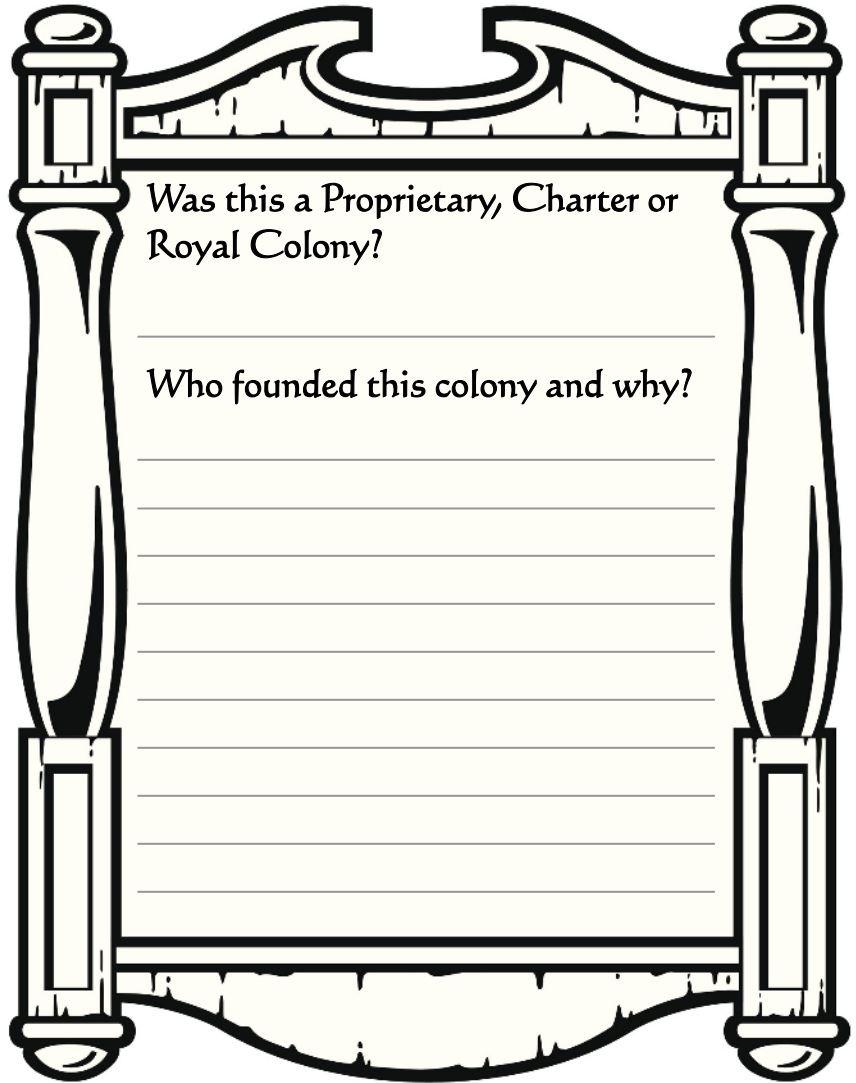
Constitution Ratified:

(date)

(date)

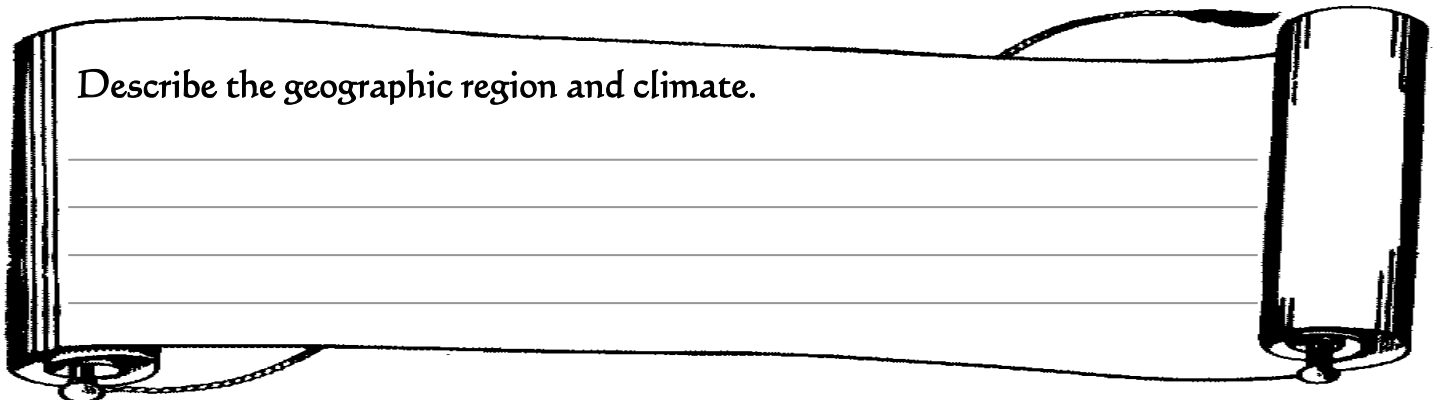


Who was the first governor? List any other important people/dates.

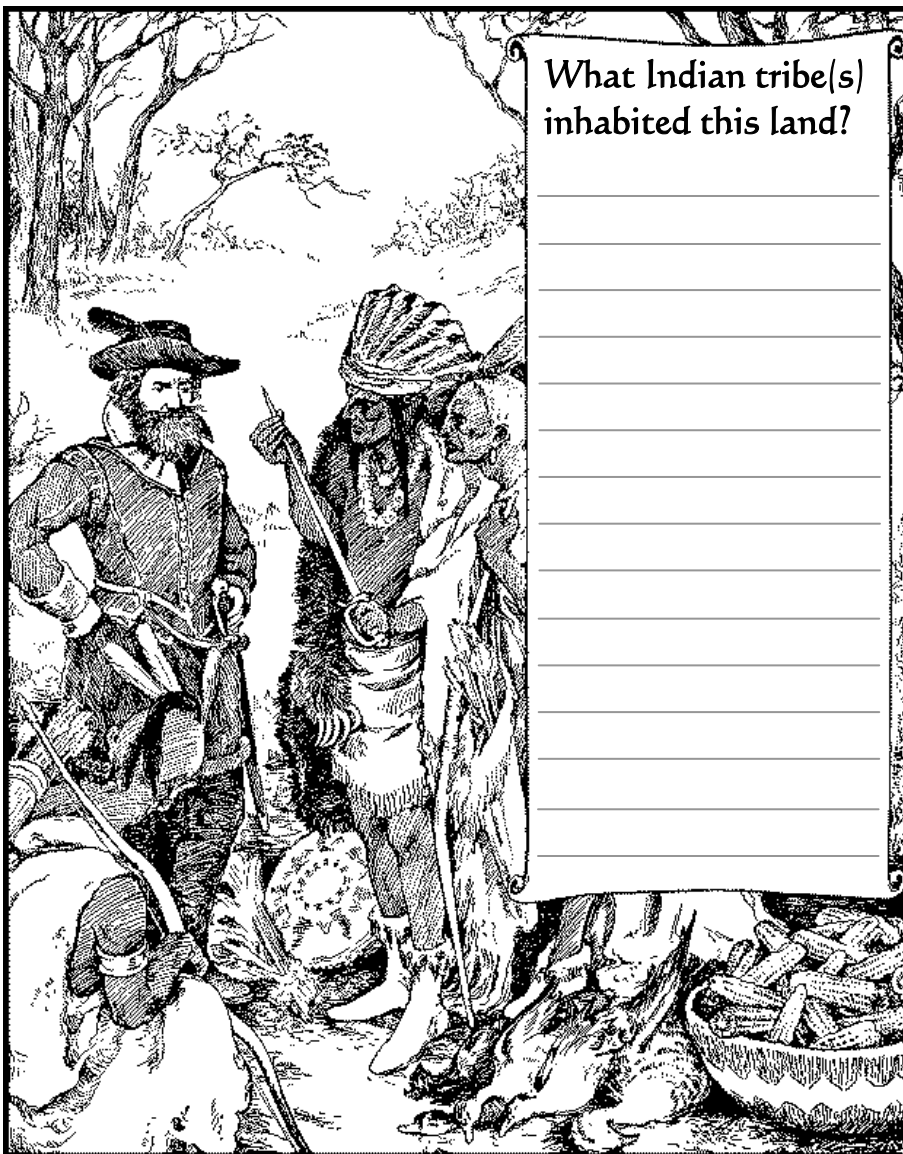


Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?



Describe the geographic region and climate.

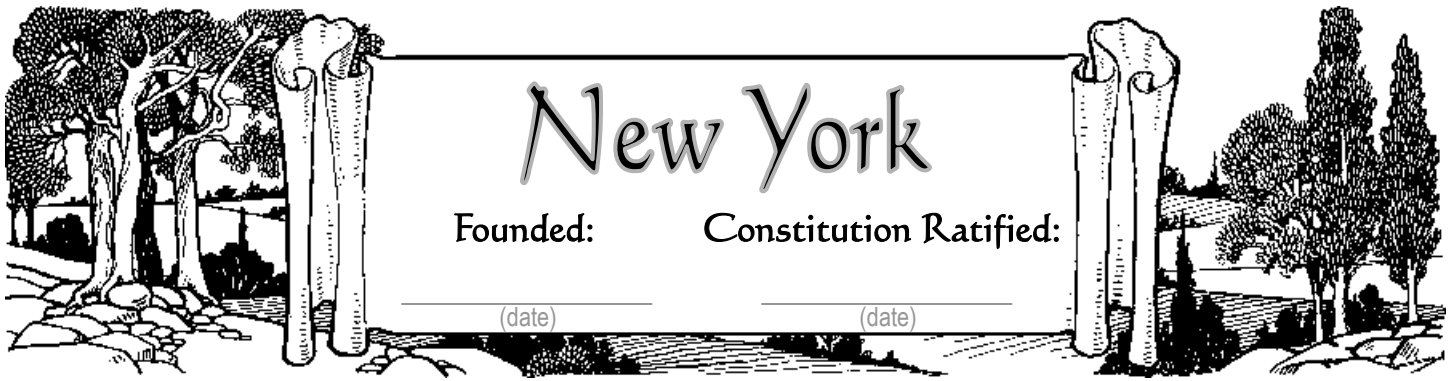


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?

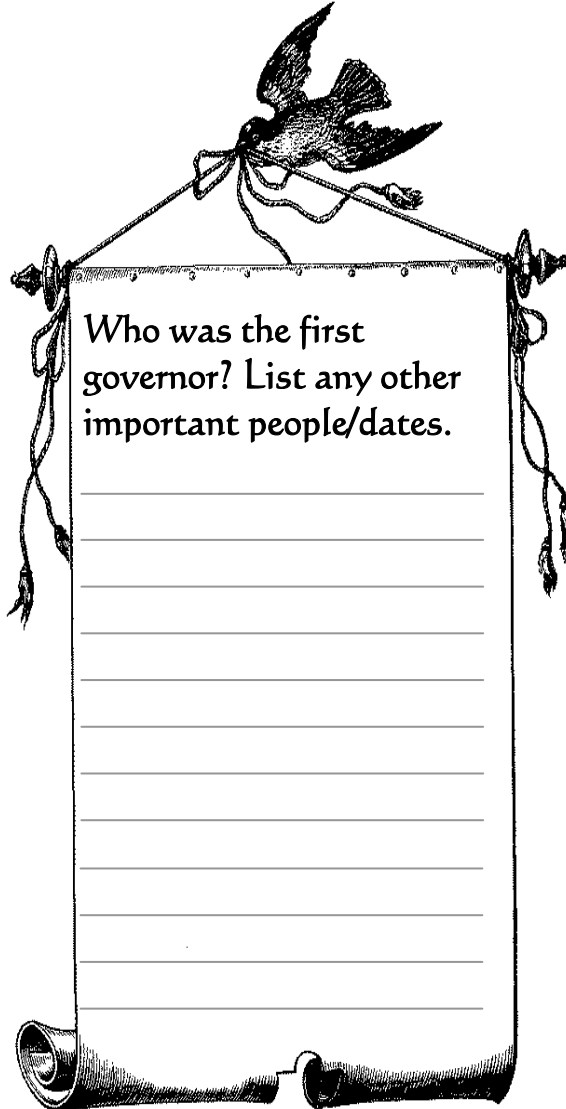


Founded:

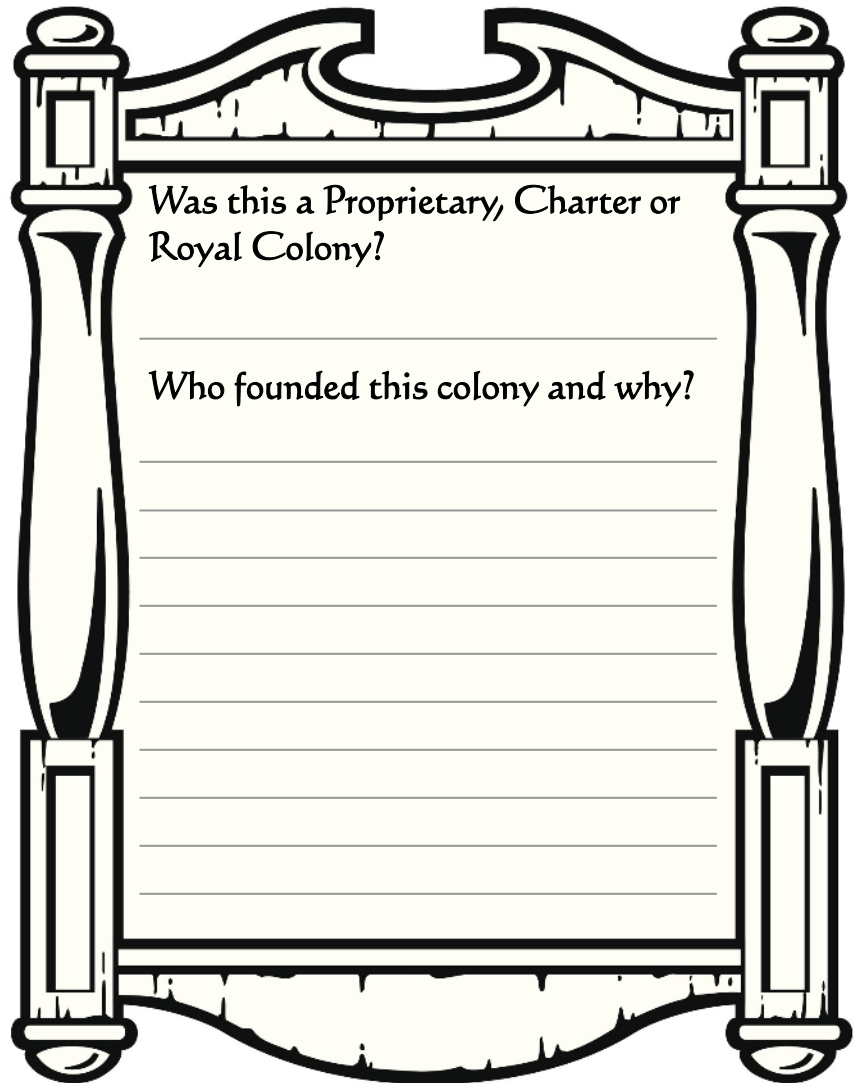
Constitution Ratified:

(date)

(date)

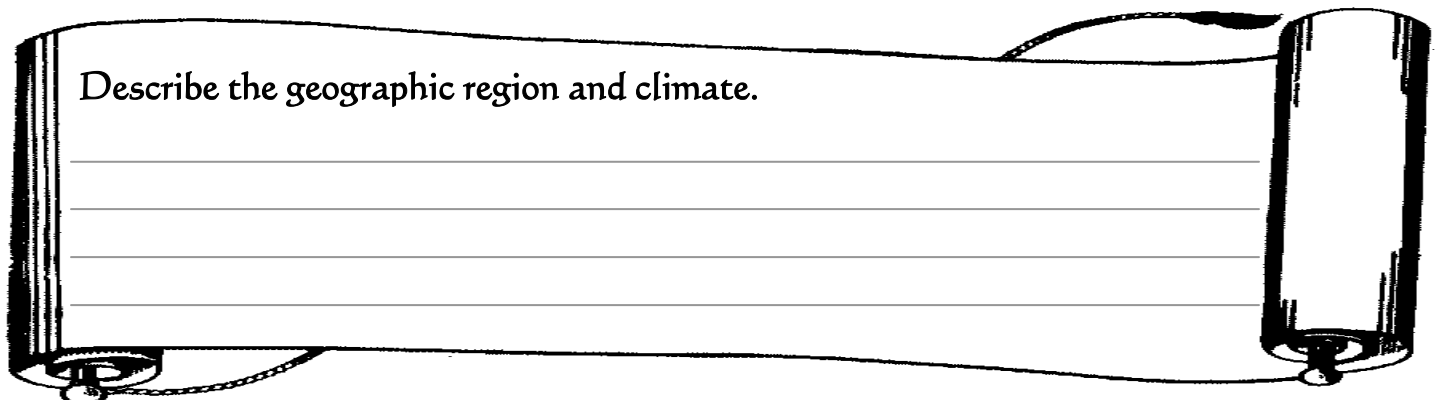


Who was the first governor? List any other important people/dates.

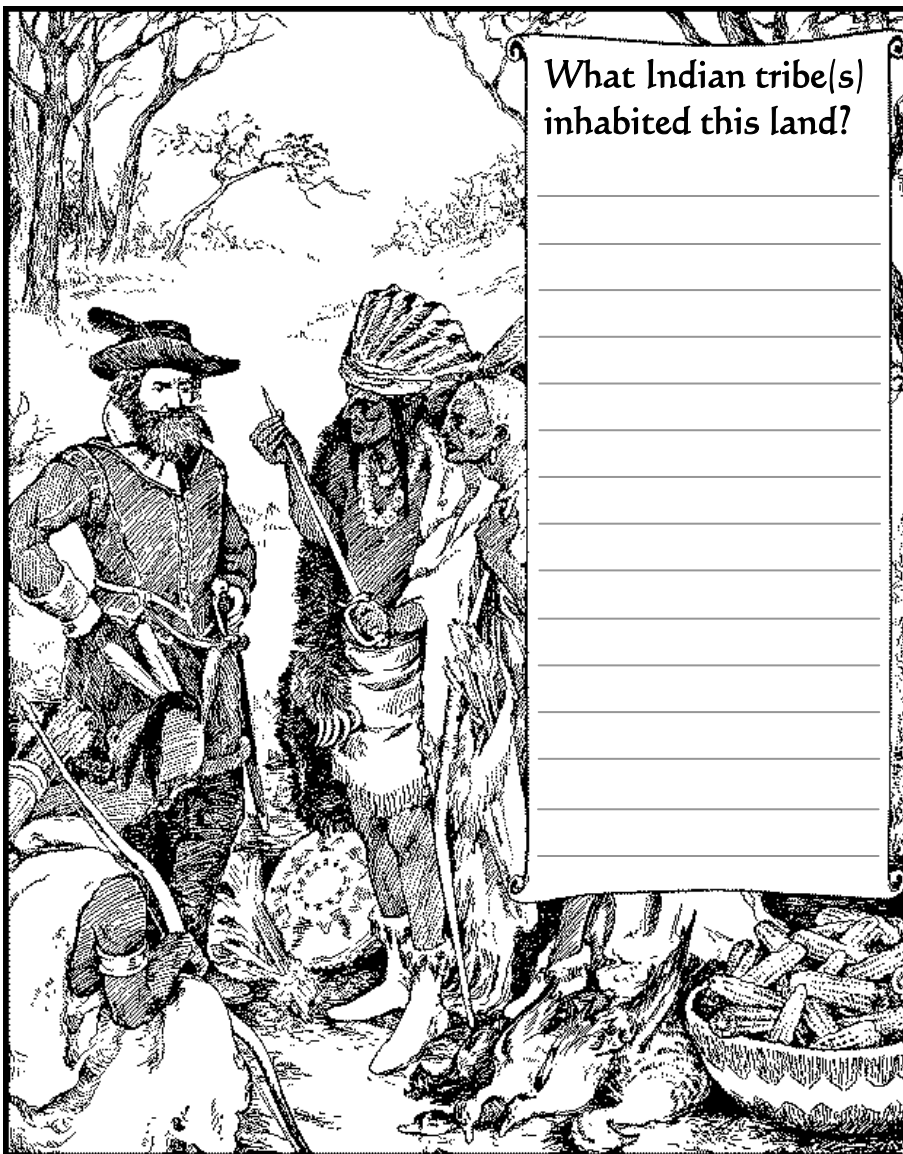


Was this a Proprietary, Charter or Royal Colony?

Who founded this colony and why?



Describe the geographic region and climate.

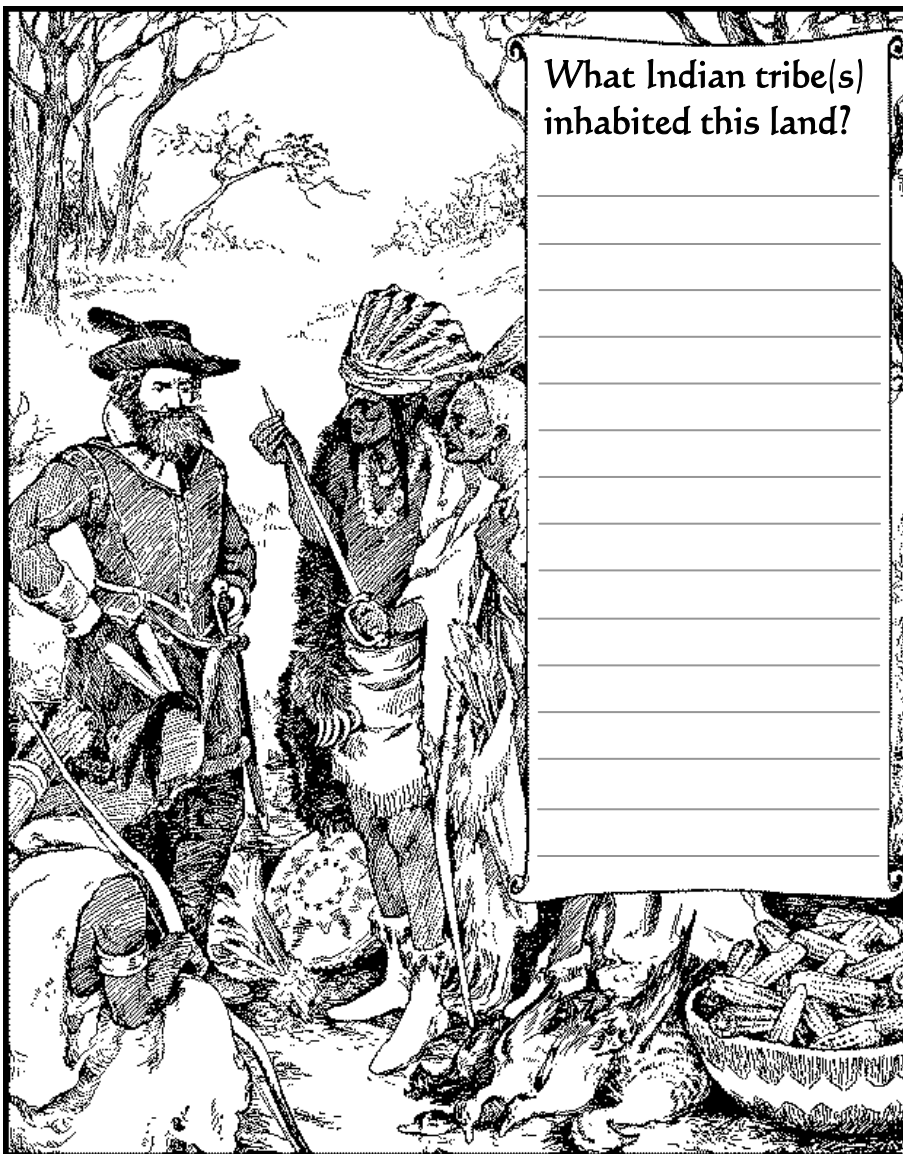


What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?

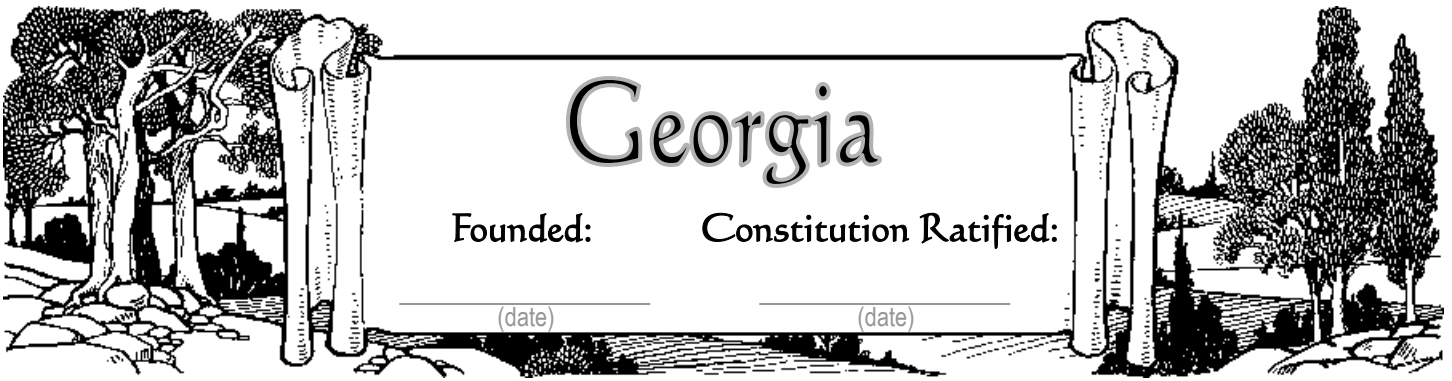


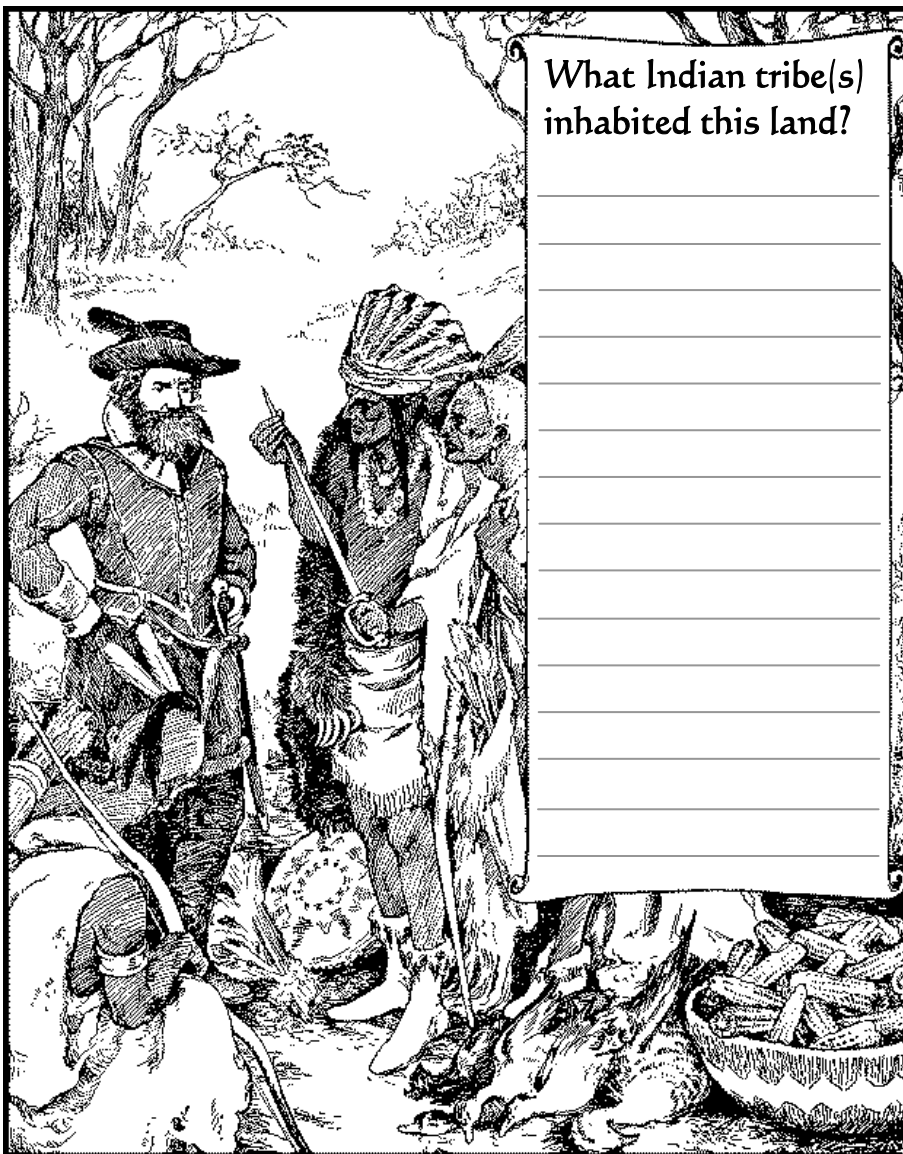
What Indian tribe(s) inhabited this land?

Other Interesting Facts:

Other Interesting Facts:

What was the dominant religion?

A vertical scroll with a decorative border. A bird is perched on top of the scroll, holding a small object in its beak. The scroll is tied with a ribbon at the top and bottom. The text "Who was the first governor? List any other important people/dates." is written on the scroll, followed by several horizontal lines for writing.A vertical scroll with a decorative border. The text "Was this a Proprietary, Charter or Royal Colony?" is written on the scroll, followed by several horizontal lines for writing. Below this, the text "Who founded this colony and why?" is written, followed by several horizontal lines for writing.A horizontal scroll with a decorative border. The text "Describe the geographic region and climate." is written on the scroll, followed by several horizontal lines for writing.



What Indian tribe(s) inhabited this land?

Other Interesting Facts:


Other Interesting Facts:

What was the dominant religion?

Discussion Questions

What colonies used slave labor? Why was slavery introduced into the colonies?

What did education look like in the different colonies? Was it different for boys and girls?



EDUCATION POSSIBLE
Discover. Create. Learn.

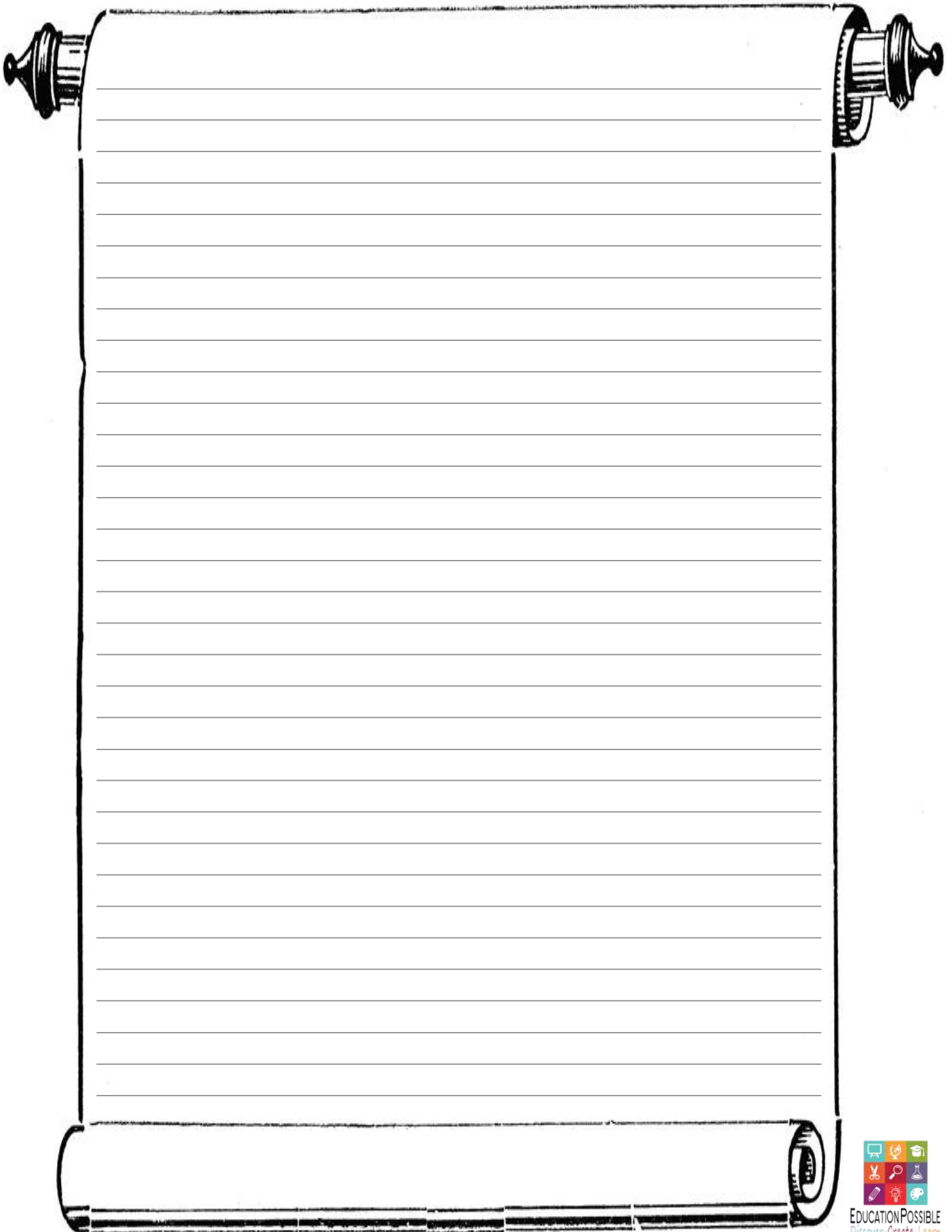
This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

[illegible]

What are some of the similarities and differences between the colonial regions (New England, Middle, South)?

What crops were grown in the different regions? Why were they different? Look at climate, land size, soil, natural resources, etc.





Drawing Colonial America

Colonial American Houses by Region (New England, Middle, South)



EDUCATION POSSIBLE
Discover • Create • Learn

Drawing Colonial America

Colonial American Clothing



EDUCATION POSSIBLE
Discover • Create • Learn

Drawing Colonial America

Colonial American Food



EDUCATION POSSIBLE
Discover • Create • Learn

Let's Play: Blindman's Buff

This game has been played by children since colonial days. Because the blindfolded person was sometimes shoved or "buffeted" it came to be known as Blindman's Buff in some regions.

Within the various colonies, this game often had different names and different rules, depending on where the settlers had come from.

Materials:

- ⌘ Cloth for a blindfold
- ⌘ 5 or more players

To play:

1. Decide who will be the "it." Tie a blindfold securely around their head. Form a circle with the other players around the blindfolded player.
2. Spin the blindfolded player. This can either be done by one or two players from the circle or the blindfolded player can spin him/herself.
3. The other players walk in a circle around the blindfolded player. The player in the middle claps three times and those in the circle stop moving.
4. The person who is "it," points at a player who then moves into the circle. The blindfolded player takes a guess at who came into the circle. If they guess right, they remove the blindfold and the other person is now "it." If they are wrong, the blindfolded player can try to touch the player to determine who it is.
5. "It" has one more opportunity to guess who the player is. If they guess right, then that player becomes "it." If they guess wrong, the player moves back into the circle and the game continues from the beginning.



Let's Cook: Churning Butter

What you will need:

- ⌘ 1 quart of heavy whipping cream
- ⌘ ½ tsp salt
- ⌘ A plastic bottle or glass jar with a tight fitting lid (large enough so there is room for the cream to move around easily)
- ⌘ 2-3 clean marbles
- ⌘ Wooden spoon
- ⌘ Cool water (to rinse the butter)

Instructions:

1. Put the cream into the bottle or jar. Add the marbles. Replace the lid; screw down tightly.
2. Steadily shake the container up and down, and side to side. Keep shaking vigorously. Take turns as you get tired. As time goes on, the sound of the marbles will lessen as globs begin to form.
3. In about 10 minutes, when new butter globs stop forming, you will be left with butter and buttermilk. Open the jar and separate the butter from the buttermilk (you can use the buttermilk in another recipe). Remove the marbles.
4. Move the butter into a bowl. Add some cool water to the bowl to rinse the butter. Use the spoon and press and fold the butter in the bowl, rinsing it to remove excess milk proteins. Rinse the butter a couple of times, until the water is almost clear.
5. Pour off any rinse water and knead the butter with the spoon, forming a ball. This helps to work any excess water out of the butter. If it has gotten too soft, refrigerate it for a few minutes to firm it up.
6. Add salt to taste. Mold your butter into whatever form you'd like. Refrigerate.



Let's Create: Whirligig/Button Buzzer

Children in colonial times had to make their own toys. One toy that was popular was called a "Whirligig," also known as a "Button Buzzer."

Materials:

- ⌘ A large 2 hole button, or create your own by cutting out a 4" cardboard circle
- ⌘ String approximately 2 ½' long

Instructions:

1. If you are making your own button, cut out a 4" circle out of cardboard. Cut two holes, approximately 3/8" from the center. You can decorate your circle if you'd like.
2. Take your string and thread it through the holes and tie the ends together, forming a loop.

How to use it:

1. Hold the ends of the string with the button in the middle. Twist and turn the button until the string gets twisted and then pull your hands apart.
2. The button will twirl and whirl as you continue to pull and ease your hands.



Note: This page contains [affiliate links](#).

References

- ⌘ Feldmeth, Greg D. "U.S. History Resources" <http://home.earthlink.net/~gfeldmeth/USHistory.html> (31 March 1998). [@American Colonies chart](#)
- ⌘ Making Homemade Butter (and Other Colonial Fun) [@Squidoo](#)
- ⌘ Time Page [@13 Originals Founding the American Colonies](#)
- ⌘ US History Pre-Columbian to the New Millennium [@USHistory.org](#)

Additional Resources on Colonial Times

Books

- ⌘ [*Colonial Days: Discover the Past with Fun Projects, Games, Activities and Recipes*](#) by David C. King
- ⌘ [*Boys and Girls of Colonial Days*](#) (Free Kindle book) by Carolyn Sherwin Bailey
- ⌘ [*Colonial Kids: An Activity Guide to Life in the New World \(A Kid's Guide series\)*](#) by Laurie Carlson
- ⌘ [*Colonial Times from A to Z*](#) by Bobbie Kalman
- ⌘ [*You Wouldn't Want to Be an American Colonist*](#) by Jacqueline Morley

Websites

- ⌘ A Book in Time www.abookintime.com
- ⌘ Colonial Charters, Grants and Related Documents [\[The Avalon Project\]](#)
- ⌘ Colonial Williamsburg www.history.org
- ⌘ Teaching American History www.teachingamericanhistory.org

DVDs

- ⌘ [Drive Thru History DVDs](#)
- ⌘ [History Channel DVDs](#)
- ⌘ [Schoolhouse Rock DVD](#)



EDUCATION POSSIBLE
Discover • Create • Learn